

IN THE JETSTREAM

May 2024



Freedom from Loneliness

by Christina Kraybill



Twenty-two years ago, I made a marriage vow before God and family to love and honor a man who was an airline pilot. He intentionally had waited to find a wife until he was in the profession so that his future wife would understand what the airline lifestyle would be like. I admit that in the beginning, I was smitten with the idea of being married to a pilot. The idea of being able to travel and explore was exciting! I had this secret wish list that I hoped to visit every continent. I understood that he would be away several days at a time then home for several days. There would be early-morning departures and late-night arrivals. He would follow dates better than the day of the week. I fell in love with him because it was obvious to me that he loved Jesus, we had many common interests, and he had an authentic desire to follow in Jesus' footsteps.

Reality Sets In

But the reality of being married to an airline pilot really started to settle in shortly after we were married. It could be very lonely both for me, as a spouse at home, and for him, on the road. Yes, we talked on the phone every day. But there is something about being physically present in the same room with a friend, a family member, or a spouse. We need companionship. We were created for relationships.

"Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up the other, but woe to one who is alone and falls and does not have another to help." Ecclesiastes 4:9-10

Loneliness is "sadness because one has no friends or company," as defined by Oxford dictionary. Loneliness is "subjective distress, meaning the discrepancy between the social relationships that you have versus the ones you want," as found on www.amenclinics.com. A recent advisory from the US Surgeon General Vivek Murthy cites data and research that found that nearly half of adults in the United States experience feelings of loneliness daily. Loneliness has become its own epidemic.

The Good News

Jesus has Good News that speaks to loneliness. First, Jesus sees you and He loves you. Second, Jesus invites you to come to Him to receive His Living Water. Third, Jesus formed the Body of Christ to be your family. Read John 4:1-30.

For you see, when I got married, I had this expectation that loneliness would go away because of my husband. The reality is that I needed a deeper relationship with Jesus. I also needed to be physically involved in the life of our home church as my family. And I loved it when Eugene was physically present to be a part of our church family too.

The invitation is this: Accept Jesus' offer of Living Water and physically be present with the Body of Christ. Let them welcome you, love you, and be family to you. In Jesus, you can be set free from loneliness. Let Jesus mold you into the person that He created you to be.

"For this reason, I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of His glory, He may grant that you may be strengthened in your inner being with power through His Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with the fullness of God."

Ephesians 3:14-19 NRSV

This article was written by Christina Kraybill. Christina is a volunteer Chaplain at Washington Dulles International Airport (IAD) and the wife of Eugene, retired Mesa Airlines assistant Chief Pilot, current Senior Chaplain at IAD and FCAP Board member.



FELLOWSHIP OF CHRISTIAN AIRLINE PERSONNEL

"If I ride the morning winds to the farthest oceans, even there Your hand will guide me, Your strength will support me."
Psalm 139:9-10

FULFILLING OUR PURPOSE

Our purpose in FCAP is two-fold:

1. To encourage Christian commercial aviation employees to help carry out the Great Commission by introducing fellow employees to Jesus Christ and helping them grow toward spiritual maturity.
2. To encourage Christians to walk with the Lord Jesus Christ, enjoying His presence and possessing His power to be salt and light on the job God has given them on the airlines.

If there are specific ways we can help you to personally accomplish that purpose, please let us hear from you. Perhaps there are topics you would like to see addressed in our publications, on our web site, in webinars, or on our podcasts. Send an email to office@fcap.org and let us know what those topics are. We are here to help you!

WELCOME TO OUR NEWEST LOCAL GROUPS



KEEP THESE NEW (OR RENEWED) GROUPS IN YOUR PRAYERS!

If you would like to connect with these local groups, please contact us for more information.

Monthly Events:

MEN'S FELLOWSHIP & PRAYER

Tuesday, May 7
9:30am EDT (1330z)

Tuesday, May 21
9:30am EDT (1330z)

Everyone Welcome!

Engaging in Prayer & Praise

Thursday, May 9
9:30am EDT (1330z)

Thursday, May 23
12 pm EDT (1600z)

LADIES Fellowship & Prayer

Tuesday, May 14
and
Tuesday, May 28
9:30am EDT (1330z)



[LINK for using computer for video](#)
Meeting ID: 7704619320
Password: fcap1234

For audio only by phone, dial into
+1 646 876 9923 US
Meeting ID: 7704619320
Password: 358149

FREE ONLINE WEBINAR: Helmet of Salvation

Save The Date
May 23
5:00PM ET/2200z

Presented by:
Jake Joseph
General Director FCAP

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