

# IN THE JETSTREAM

## THE IMPORTANCE OF PRAYER

by Eugene Kraybill

January 2023



**P**rayer in the workplace: How to pray? Where to pray? When to pray?

Borrowing from the Gospel Coalition in Northern Virginia, here are some facts on prayer. In the Bible, 650 prayers are listed. Jesus is recorded praying 25 different times during his earthly ministry (and there is no question there were many more times not recorded). Paul's mention of prayer is 41 times (including prayers, prayer reports, prayer requests, exhortations to pray). Body positions when praying can be done in any position, but five positions are mentioned in Scripture (sitting, standing, kneeling, one's face to the ground, and with one's hands lifted). The Bible lists at least 9 topics of prayer: Prayer of faith, agreement, request, thanksgiving, worship, consecration, intercession, imprecation, and praying in the Spirit. The word "Amen" means "let it be", "so be it", "verily", "truly".

### Why Be Anxious?

Philippians 4:6,7 shares words of Paul to the Philippi church. In the New King James Version it reads,

*"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."*

What does this Scripture really mean? Anxious for nothing, to not be anxious or not have worry? Seems extreme, but Paul is sharing that when the church is in Christ Jesus, anxiety should not be a factor in life because...we have prayer. Because of prayer, we have peace. Worry should not be present. This topic is like and even greater than "fire and water" as opposites. Without prayer, without a loving Father who cares about each one of his children, without Jesus' death and sin being defeated and without any blood being shed to reconcile a broken relationship, then

who do we go to for help? Because of Jesus the Messiah, because of His faithfulness, His prophecy of His upcoming death and resurrection three days later coming true, we receive undeserved privilege and have access to God.

The meaning of "supplication" is the action of asking or begging for something earnestly or humbly (definition from Google). One example given is "He fell to his knees in supplication." We might be bowing or kneeling before God, begging in earnest for His hand to be at work.

### Praying for Ourselves and Others

As I write this paper, I am hoping and praying that the person reading this desires to be a person wanting to pray for others, to come alongside of our aviation co-workers and be available to pray.

A simple prayer that I pray frequently when driving, flying, or in my office is this: "Jesus, I don't like this thought that keeps coming to my mind. It doesn't line up with bringing glory to God. I give this distracting thought to you and ask please that this be removed. Your blood was shed on my behalf, and I pray this in Your name Jesus. Amen." Frequently, I pray this prayer, and for many different reasons...slander, distractions, fears, or a "what if" scenario that runs through my mind. As I do so, the distracting thought dissipates away. Prayer is constant. When the thought pops up periodically, the prayer is said again. The attacks eventually stop.

Another frequent prayer is of blessings. A driver cuts me off, then slows down in front of my vehicle. An angry, sarcastic thought emerges. I recognize it, capture it, and then ask that God would "bless that reckless driver and grow a relationship with the driver, in the name of Jesus the Messiah, whose blood was shed for that person. Amen." The sarcasm disappears and the emotion dissipates after my prayer to Jesus.; then I go along with other thoughts that I need for planning the day before me.

-continued-

# Fellowship of Christian Airline Personnel



"If I ride the morning winds to the farthest oceans,  
even there Your hand will guide me, Your strength will support me."

Psalms 139:9-10

In closing, the peace of God is what we want to be guarding our hearts. I pray, through Christ Jesus, may God's peace be upon each one of you this year. Amen.

**Additional Note:** I would like to express appreciation for two individuals who have inspired me greatly in this area of prayer: Edward Church (FCAP Fellowship Coordinator) and Clarence Peoples (now with the Lord but formerly with Delta Reservations in ATL). Their example and encouragement in prayer have blessed many. EK

This article was written by Eugene Kraybill. Eugene is Regional Chief Pilot for Mesa Airlines at Dulles International Airport, directs the Airport Chapel at Dulles, and serves on our FCAP Board of Directors. His wife, Christina, serves alongside Eugene at the Dulles Airport Chapel; together they regularly open their home for ministry in the Dulles/DCA area and represent FCAP at other outreach events.

[LEARN MORE](#) about the FCAP Prayer Network.

[LET US KNOW](#) how we can pray for you!

free online  
**FCAP Webinar on "The Strength of Humility"**

Save The Date  
**JANUARY 23**  
7:00PM ET

Speaker  
**Jake Joseph**  
General Director FCAP

**REGISTER NOW!**

## JANUARY FELLOWSHIP OPPORTUNITIES...

**LADIES'**  
*fellowship*  
**AND PRAYER**

Tuesday, January 10 & 24  
9:30am ET

**EVERYONE WELCOME!**  
**THURSDAY**

JANUARY 12 | 9:30AM ET  
JANUARY 26 | 12 NOON ET

**ENGAGING IN PRAYER & PRAISE**

**MEN'S FELLOWSHIP & PRAYER**

Tuesday  
January 17 & 31  
9:30am ET

Sign-in instructions for our Prayer and Fellowship times on Zoom:

[LINK for using computer for video](#)

Meeting ID: 7704619320

Password: fcap1234

For audio only by phone, dial into meeting:

+1 646 876 9923 US

Meeting ID: 7704619320



An additional  
**ENGAGING IN PRAYER**  
is now on our monthly calendar.  
Please note a time change for  
the second one each month to  
12 Noon ET



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