

## *Habits of an Influential Life*

November 2016

**H**abits are a daily part of our lives and work life. They are said to be a routine way we practice something. We have good and bad habits. Some habits we create out of necessity, others we do for convenience. Then there are the habits that come from responsibilities of being a husband, wife, father, mother, and then, of course, the habits we have at work. In the workplace, our jobs come with set routine habits that we perform regularly. Without these habits, work would be rather sporadic with a lot of chaos. They are important disciplines we learn to operate with on a daily basis.

What about spiritual habits, how are they part of your workplace? If you were asked to name some spiritual habits, besides your responsibility to work with excellence as unto the Lord, what would you say they are? Let's imagine for a moment we are sitting in a briefing room, ready to review some necessary spiritual habits for our being a positive influence at work. To start with, here are three very important ones ...

### **The Habit of Prayer**

The Bible tells us to make it a habit of praying in all things (Philippians 4:6). It doesn't say to wait for a prayer meeting so you can pray, though it is a good thing to assemble for prayer when you can. Instead, we are told to pray on the spot, declaring our dependence on God for the very moment. We acknowledge our immediate need for His resources of peace, strength, and wisdom. All too often we don't make this a habit, when we should, as we have the privilege of direct access to the throne of God.

### **The Habit of Being Thankful**

Again, God tells us in His Word to make it a habit of giving thanks in all things (1 Thessalonians 5:17-18). It is easy to be thankful at work when things are favorable to

us. But what about when things are unfavorable ... do we complain and murmur with everyone else? The habit of being thankful in all things will stretch our faith in the Lord. When things don't make sense, our faith admits that God is up to something and that His plan will ultimately bring about what is best.

### **The Habit of Treating People**

#### **As You Would Want Them to Treat You**

It is usually no problem at all for us to treat others kindly when they are nice to us. But treating people nicely when they are unkind ... well, that can be quite difficult. According to Christ (Matthew 7:12), a distinguishing mark of the Christian's faith is how they treat the people around them. God wants us to be fully aware that our natural tendency is to treat people the way they have treated us, returning insult with insult. However, fully appreciating and enjoying the love God has for us comes as we learn to express His love to everyone, even those who irritate us. Let us take a proactive approach and ask the Lord to enable us to grow in our habit of treating others in the ways we would want them to treat us.

People actually know us better by our routine habits, and not just by our spontaneous actions. Why not take a look at yourself and examine your spiritual routines, which give evidence of your faith in our Lord?

*"But now you are light in the Lord. Walk as children of light, for the fruit of light is found in all that is good and right and true, and try to discern what is pleasing to the Lord." (Ephesians 5:8-10)*

Your servants,  
The FCAP Staff



# THE FELLOWSHIP OF CHRISTIAN AIRLINE PERSONNEL

## History:

The ministry of FCAP began in 1971 and was incorporated in 1973 when 50 people from eight different airlines in the United States and Canada met to consider how God wanted them to serve Christ in and through the airline industry. Since that time, the ministry of FCAP has spread in over 90 areas of the world. We do not have a membership or dues; rather we are a fellowship among Christians in the airline industry worldwide that share a common commitment and focus.



## Perspective & Focus:

Most people look at work primarily as a source of income. Some even view it as a curse imposed on them as punishment from God. *The Fellowship of Christian Airline Personnel* believes that God places a high value on work and is deeply interested in our work, our performance on the job and our relationships with our co-workers. We recognize that both our work and the way we relate to people in the workplace are of great importance to God. So it is our mission: *“To represent Christ in the airlines through meaningful relationships and quality work.”*

FCAP’s two-fold purpose encourages people *to know and experience God’s presence with them at work* and *to trust Him for the enabling strength in the responsibilities and challenges of work*. We see authentic ministry in the workplace as a result of our displaying this relationship to our Lord within the sphere of our influence at work, without being coercive or self-serving.

## Values:

- We value doing our work wholeheartedly as unto the Lord, knowing we represent Christ by the quality of our performance while on the job (Ephesians 6:6).
- We value intentionally engaging our faith in the workplace by expressing it in both deeds and words (1 Timothy 6:17-19).
- We value influencing the people around us by creatively building relationship with them and looking out for their interest just as we do our own.
- We value connecting the church in the workplace by seeking out other Christians, to mutually show our love for one another and our care for the people God has placed around us (John 13:35).

## Making Your Connection:

Like the airline industry is all about making connections, so FCAP is all about Christians making their connection in the workplace in three basic ways:

- Connecting God’s purposes in the details of your work.
- Connecting ministry to God working through you to influence the people and circumstances of work.
- Connecting the church in the workplace in unique and creative ways, in order to extend and strengthen its influence.

- WE OFFER:**
- Training that helps Christians integrate the Christian faith into the everyday details of our work and its challenges.
  - Free publications and weekly thoughts that offer encouragement, gives focus, and provides information.
  - Support and fellowship through local groups, prayer network, training sessions, special events and conferences.



## The Fellowship of Christian Airline Personnel

The ministry of FCAP is carried on by everyday ordinary people throughout the airline workplaces of the world who go to work with an extraordinary calling. The FCAP ministry does not focus on specialized people, nor are we a special interest group focusing on certain issues. We do not have a membership nor are we a club with dues. Rather, FCAP is a fellowship of Christians who identify with one another through a common focus and purpose. And we desire to demonstrate how our faith in Jesus Christ can influence the people and circumstances of our workplace. We are blessed to have both airline and non-airline people who encourage and support this ministry.

**OVER TWO MILLION AIRLINE EMPLOYEES IN THE WORLD**

## Your Next Step:

Check on the FCAP website to see if there is a group in your area, or seek out and connect with other Christians at your workplace. Contact us at the international office for further assistance or click on [“Connect With Us”](#) on the website.



### FELLOWSHIP OF CHRISTIAN AIRLINE PERSONNEL

136 Providence Road  
Fayetteville, GA 30215  
(770) 461-9320  
office@fcap.org

[www.FCAP.org](http://www.FCAP.org)

Copyright © 2016 Volume 6, Issue 11